

# Sourdough Triathlon

June 22, 2023

## Men Results

| Place | Bib # | Last    | First    | Category | Split times |           |          | Total   |
|-------|-------|---------|----------|----------|-------------|-----------|----------|---------|
|       |       |         |          |          | Swim        | T1 + Bike | T2 + Run |         |
| 1     | 34    | Rombach | Matthew  | M        | 0:33:45     | 2:38:08   | 1:45:42  | 4:57:35 |
| 2     | 16    | O'Shea  | Sean     | M        | 0:26:04     | 2:30:09   | 2:05:50  | 5:02:03 |
| 3     | 32    | Carlyle | Marshall | M        | 0:28:46     | 2:46:17   | 1:54:14  | 5:09:17 |
| 4     | 18    | Lane    | David    | M        | 0:31:37     | 2:36:46   | 2:11:58  | 5:20:21 |
| 5     | 25    | Lamont  | John     | M        | 0:35:31     | 3:31:01   | 2:47:42  | 6:54:14 |